Gym Management

Gym Management allows managing equipment, equipment Type, register member, register member type, measurement History, member, membership, trainer, trainer skill, trainer attendance, diet plan, assign diet schedule, workout plan, assign workout schedule, gym meeting/events, and appointments. Gym Management also manages reports, dashboards, and workspace.
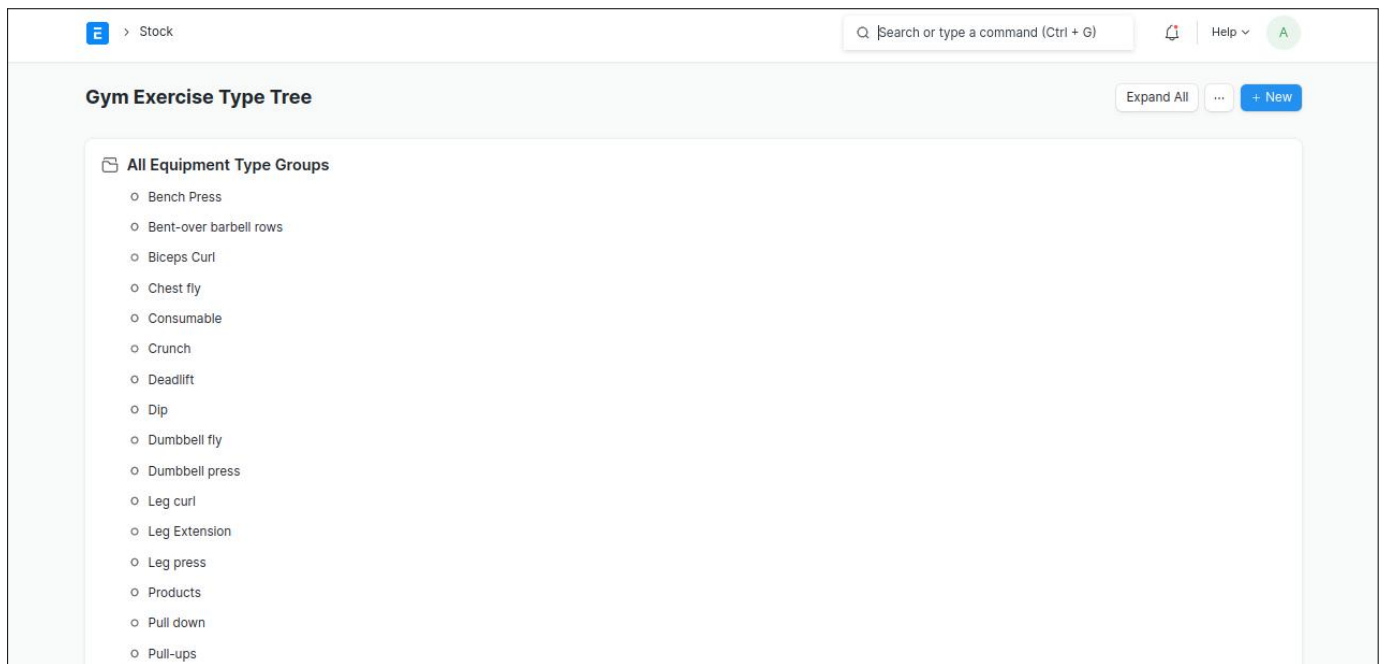
Features of Gym Management

Configuration

Equipments

- Manage gym equipment with a gym exercise type and set them as out of service or maintenance.
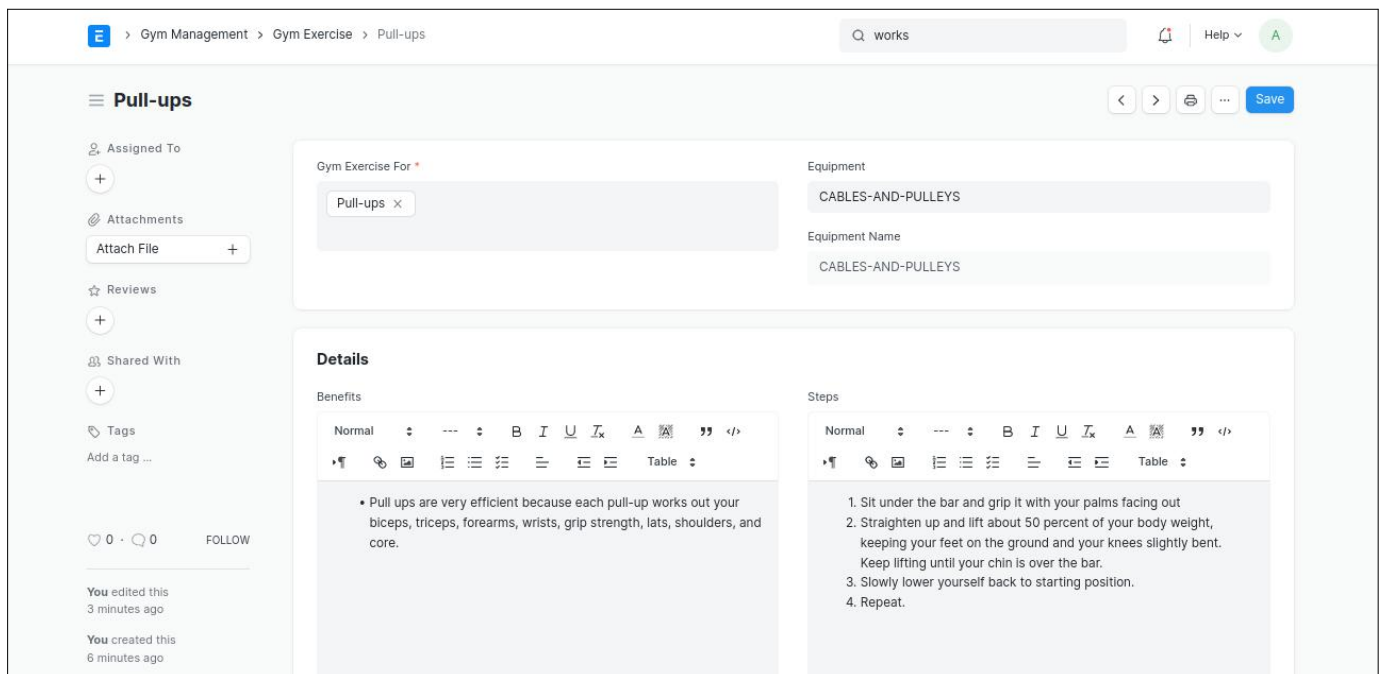
Gym Exercise Type

- Manage gym exercise type as a tree view.

Gym Exercise

- Configure various exercises, and add the steps to be followed and their benefits.
- Also attach images and video links of the Exercise for better understanding.

Member Setup

Registered Member

- Manage all registered gym members with registered member type.
- New registered member create for first create a lead then convert in opportunity then make a registered member otherwise also create member directly.

Registered Member Type

- Manage registered member type as a tree view.

Measurement History

- Measurement History with BMI and BMR calculation.
- Efficiently track the body measurement growth of the member.

- Also, automatically set in measurement history table in Registered Member.

Member for Membership

- Manager member with membership type and its details.

Membership

- Create a new membership for the member and also generate an invoice for the membership member.

Membership Type

- Manage membership type with the amount.
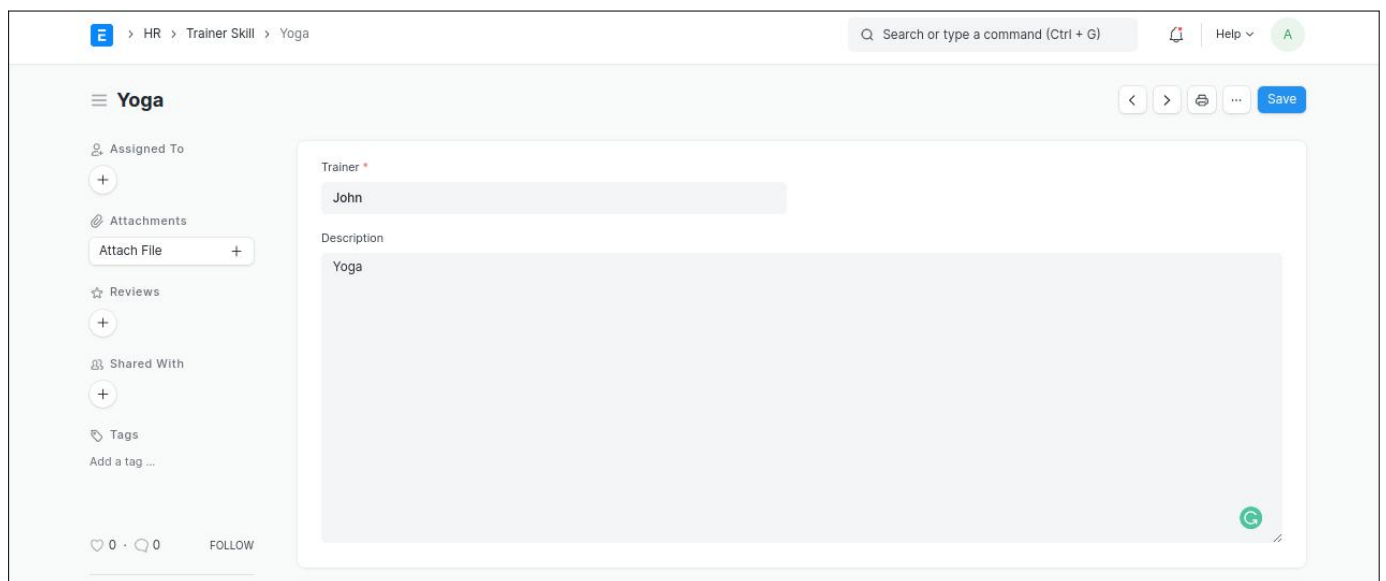
Trainer Setup

Trainer

- Easily manage gym trainers, and categorize the trainers according to their skills.
- Also manage attendance system.
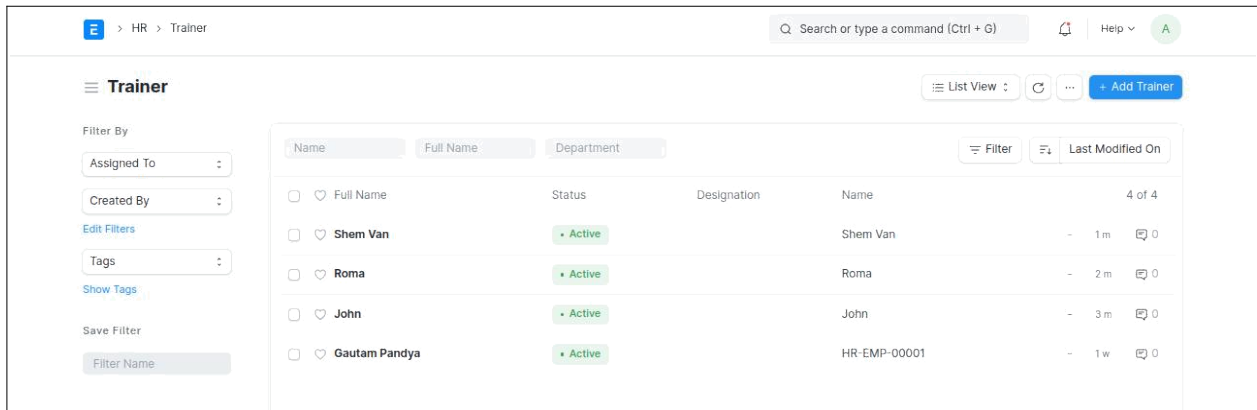
Trainer Skill

- Manager trainer skill.

Workout Management

Workout Plan

- Manage Workout, gym exercise, No of days plan.
- Also assign workout plan via a button and also create via connection in the dashboard.

Assign Workout Schedule

- Easily assign a workout plan to the member.
- The end date will be automatically calculated according to the plan you configure.
- Set a trainer in Schedule time.
- Also get a workout plan via a button.

Diet Management

Food Item

- Configure food items along with their nutritive value.

Diet Meal

- Create customized diet meals based on the intervals along with the quantity to be taken.
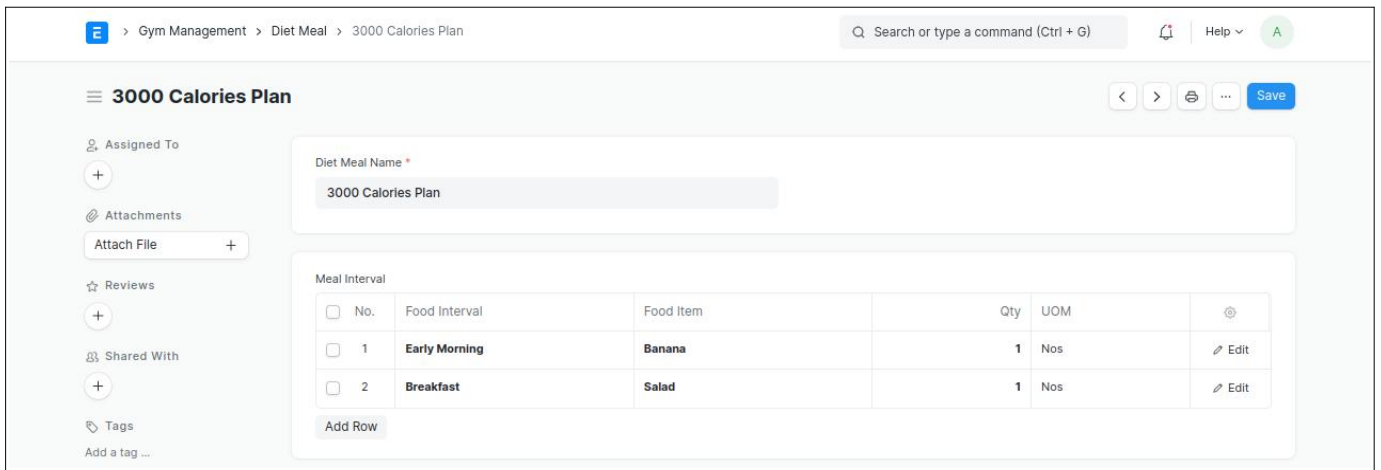
Diet Plan

- Select multiple diet meals and can plan a diet routine for gym members.
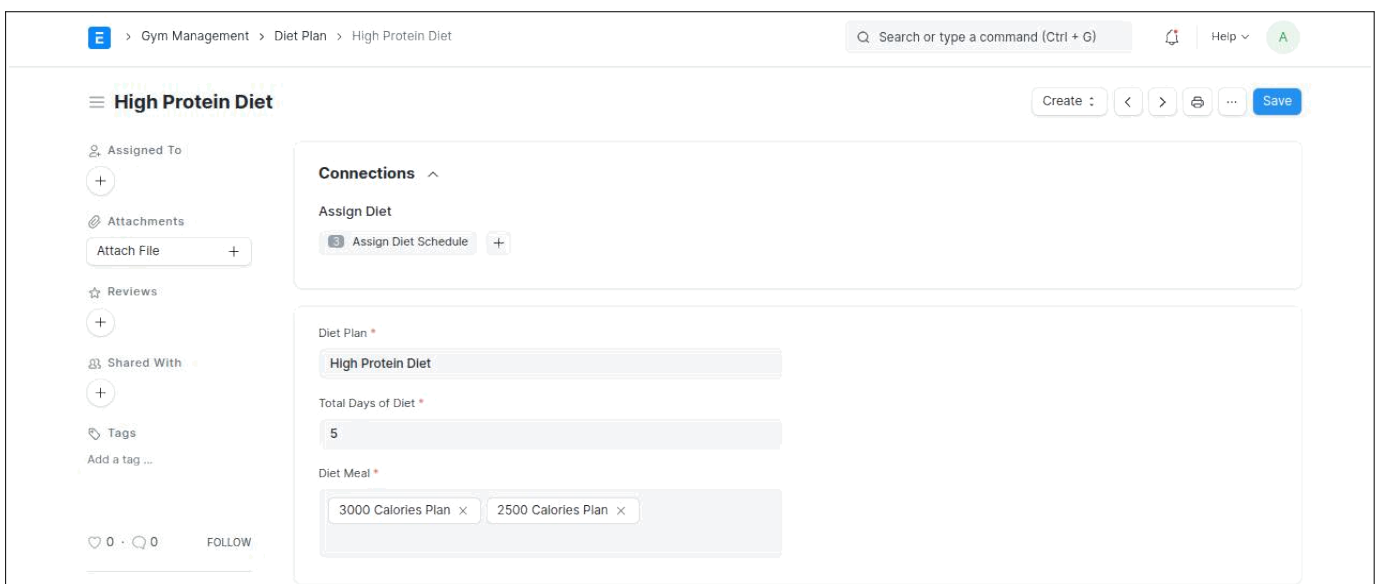- Manage multiple diet meals and total days of diet plan.
- Also assign diet plan via a button and also create via connection in the dashboard.

Assign Diet Schedule

- Easily assign a diet plan to the member.
- The end date will be automatically calculated according to the plan you configure.
- Set a trainer in Schedule time.
- Also get a diet plan via a button.

Search or type a command (Ctrl + G)

Help ˅   A

Kadam's Diet Plan For High Protein Diet

Get Diet Plan   ‹   ›   🖶   …   **Save**

👤 Assigned To

⊕

📎 Attachments

Attach File   +

⭐ Reviews

⊕

👥 Shared With

⊕

🏷 Tags

Add a tag ...

Title

Kadam's Diet Plan For High Protein Diet

Registered Member *

Kadam

Goal

High Protein Diet

Total Days of Diet

5

Start Date *

06-07-2022

End Date

11-07-2022

Trainer

HR-EMP-00001

Gym Events/Meetings & Appointment

- Manage gym Events/Meetings.

- Also appointment set according to Event/Meeting.

Key Reports of Gym Management

Measurement Analysis

- Multi-select registered member-wise and date-range-wise reports.

- Also group by a registered member with the average value shown in the report.

Workout Schedule Analysis

- Multi-select registered member-wise, workout plan, trainer, and date-range-wise reports.

Diet Schedule Analysis

- Multi-select registered member-wise, diet plan, trainer, and date-range-wise reports.

Expiring Memberships

- Month-wise expire membership

Gym Events/Meetings

- Date-range wise, Category wise, status wise,and appointment wise report
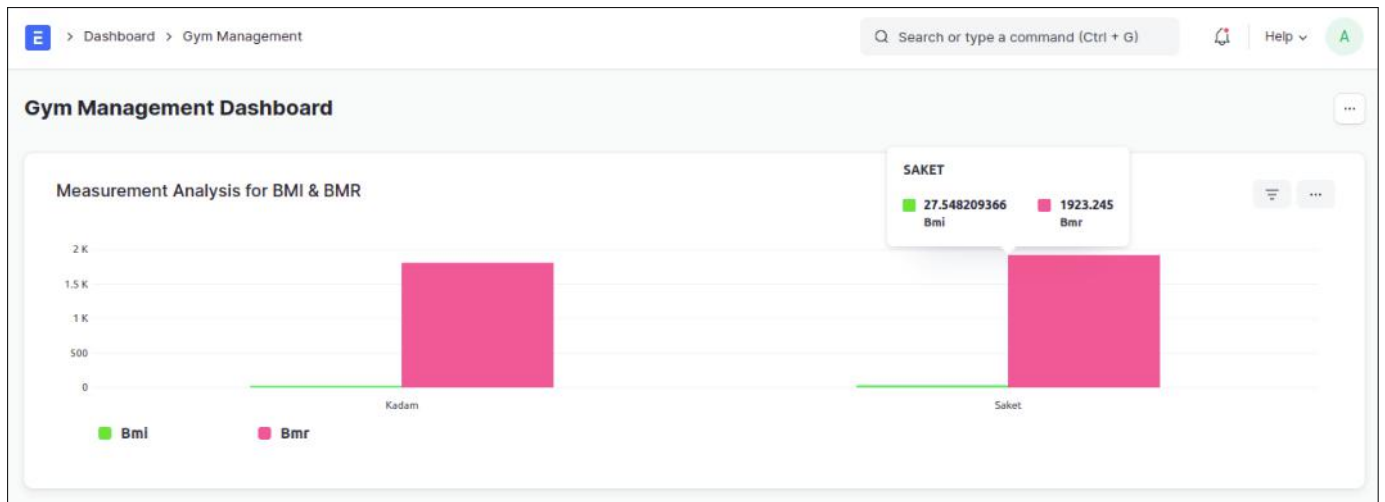
Gym Management Dashboard

Measurement Analysis for Weight & Height

- Date range-wise Measurement Analysis of Weight, and Height.
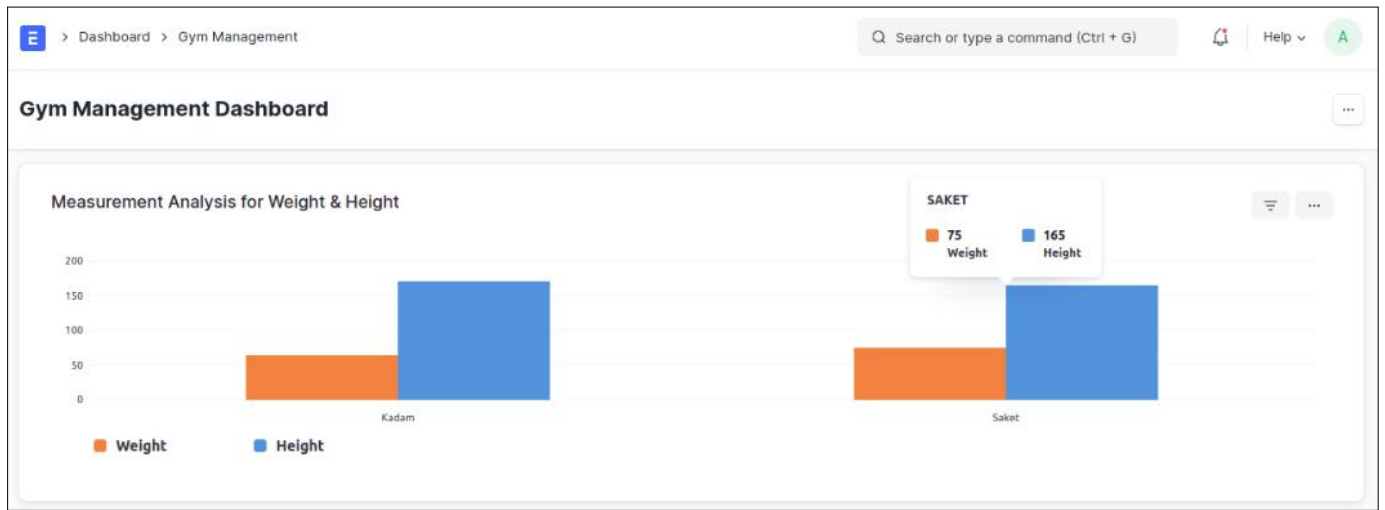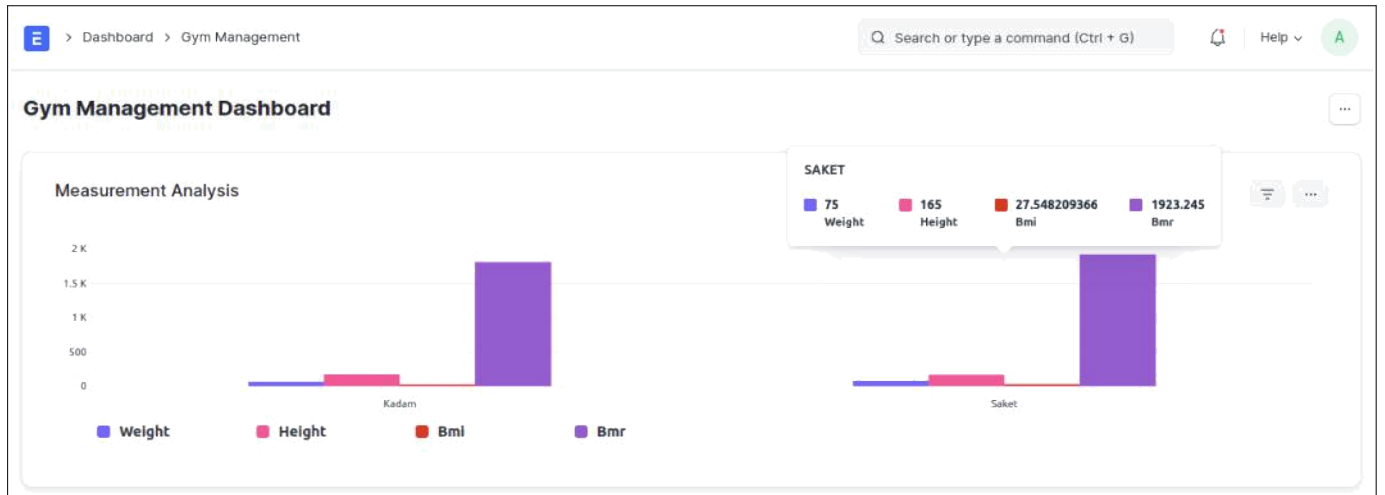

Measurement Analysis for BMI & BMR

- Date range-wise Measurement Analysis of BMI, and BMR.

Measurement Analysis

- Date range-wise Measurement Analysis of Weight, Height, BMI, and BMR.

Workspace of Gym Management

- Add the shortcut, dashboard, Configuration and Reports.